



We Care's Home-Based Infant-Parent Services

For Families with Babies
up to 18 Months Old

All babies cry, but some cry more than others. Some babies cry for hours and hours at a time, and can be very difficult to soothe. They may have trouble sleeping at night or during the day, and may have difficulties with feeding. Caring for a baby who fusses and cries a lot or who has problems with sleeping or feeding can make parents and caregivers feel helpless, worried, and lost.

Does this sound like your baby? We Care's Infant-Parent Services can help.

We Care Services for Children provides specialty early childhood mental health support designed especially for families with infants from newborn to 18 months of age. Our infant specialists visit families in their home, or online via telehealth video, and establish a collaborative relationship with the family to help meet the needs of infants from birth to 18 months of age who are:

- Crying excessively
- Difficult to soothe
- May seem to be distant or not connected
- Having problems with sleep at night or during the day
- Recovering from a stay in the newborn intensive care unit
- Experiencing difficulties with feeding

...and support parents or caregivers who might be:

- Overwhelmed!
- Recovering from a stressful birth
- Experiencing anxiety or depression
- Worried about baby's development
- Feeling lost and alone

For more information please call (925) 671-0777 ext. 117 or email ksoto@wecarechildren.org.

With We Care's
Infant-Parent
Services, parents
get the help they
need to soothe and
support their babies,
and to become
more confident and
connected caregivers.
Services are available
at no cost to families
with full-scope
Medi-Cal.

