



We Care's Parent-Child Therapy Services

Have you noticed worrying behaviors in your child? Has your family faced trauma, domestic abuse, or other significant issues affecting your child's mental health? If you see any of the signs below or if your child has experienced trauma, seeking professional help is crucial:

For Families with Children Under Six

- Social withdrawal
- Fearfulness, sadness, or tearfulness
- Frequent behavioral problems at preschool or home
- Aggression towards others
- Changes in appetite or sleep patterns
- Threats to harm themselves
- Rejecting or avoiding being touched or held
- Not seeking comfort from familiar adults

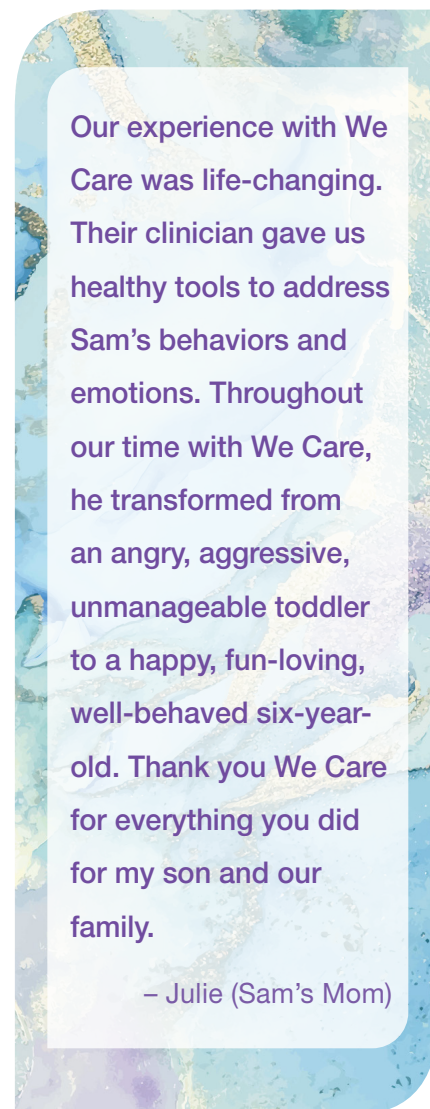
We Care understands the challenges of managing your child's behaviors amid life's stressors. Our home and community-based mental health services for children up to age five are expertly tailored to support and guide your family through tough times. We are committed to equipping you and your child with healthy tools to work through adverse experiences, overwhelming emotions, and challenging behaviors.

Our family-friendly approach creates a safe space for play therapy and fosters growth and healing for your whole family. Whether we meet you at home or in our center, our empathetic clinicians work with you and your child to understand their needs and create a personalized treatment plan promoting your child's healthy development and your family's well-being.

Our early intervention mental health services are foundational for your child's long-term happiness, health, and success.

For more information, please contact Karen Soto at (925) 849-3117 or ksoto@wecarechildren.org

We Care's early intervention mental health services are available to children under six with full scope Contra Costa County Medi-cal.



Our experience with We Care was life-changing. Their clinician gave us healthy tools to address Sam's behaviors and emotions. Throughout our time with We Care, he transformed from an angry, aggressive, unmanageable toddler to a happy, fun-loving, well-behaved six-year-old. Thank you We Care for everything you did for my son and our family.

– Julie (Sam's Mom)

