



## We Care Services for Children

# Developmental Playgroups

We Care Services for Children has partnered with First 5 Contra Costa to offer Developmental Playgroups designed for children who would benefit from a little boost in overcoming developmental delays.

Learn. Play. Grow.

### We Care is Filling the Gaps

We Care's playgroups are facilitated by an early childhood specialist and a teacher associate who will support the development of each child and guide parents in ways to bring the lessons home. Playgroups are designed to provide fun, educational and interactive play that will help children:

- Increase language and social skills
- Improve problem-solving and imaginative play skills
- Develop body awareness, balance, and coordination
- Prepare for preschool and beyond

The playgroups will also provide to parents:

- Weekly parent education topics
- Individualized feedback and home activities for each child

Parents or caregivers attend 1.5-hour weekly sessions with their children over an eight-week period at either the Pittsburg or Delta First 5 Centers, or via Zoom if Covid-19 restrictions are in place.

For eligibility and intake information, please contact Lupe Henriquez at (925) 671-0777 ext. 213 or [lhenuiquez@wecarechildren.org](mailto:lhenuiquez@wecarechildren.org).

### We Care Services for Children

We Care supports families and children from birth through age six with a wide range of early childhood education and mental health programs. Through targeted, compassionate, and effective early intervention services, We Care helps young children and their families reach their full potential, regardless of their abilities or circumstances.

“I had previously been frustrated and worried about Ariana, but We Care’s Developmental Playgroups really helped better my parenting skills and now I know what to expect. Learning different ways to recognize her needs and how to work with her has made a huge difference at home.”  
— Ariana’s Mom



[www.wecarechildren.org](http://www.wecarechildren.org)